

# LUTHER MEMORIAL lutheran church



### Messenger **April 2017** Actively Sharing Christ's Love in Community All are welcome at Luther Memorial. In this issue: Come join us for worship every Sunday at 10 am! PJ's Page 1 **LMLC News and Events** 2 **ELCA** Prayer Ventures 7 **Synod News** 9 **Creation Care** 11 Faith and Everyday Life 12 **Financial Picture** 13 **April Worship** 14 **April Calendar** 15 Celebrating 65 years of **Actively Sharing Christ's Love in Community!**

#### THE LUTHER MEMORIAL MESSENGER

published by Luther Memorial Lutheran Church 13047 Greenwood Avenue N, Seattle, WA 98133 | 206.364.2510 www.luthermemorialseattle.com office@luthermemorialseattle.com **April 15** is the deadline for articles in the **May** issue. Rev. Julie G. Hutson, Pastor Dave Ter Hark, Congregation Council President Katy Sarff, Office Administrator Lennon Aldort, Musician and Choir Director

### PJ's Page

Did you ever have a "swear jar" in your home when you were growing up? You know, a jar where you placed your quarter or dollar every time you yet slip with a "colorful" word. I'm going to suggest a different take on this idea....that we consider a *"their"* jar instead of a "swear" jar. Let me tell you more of what I mean.

The country is clearly divided at this time, in ways that it has not been in a very long time. We are polarized and the ground underneath our feet feels as though it is sinking sand, to quote the hymn. One of the ways this polarization is made known is in "us and them" language.

I'm not talking about politics anymore, though, I'm now talking more about the ways we describe and reference our own neighbors. And we are all guilty of this in some way and at some time:

They are parking on our lot...

They are drinking our coffee...

They are using our space....

This frame of mind, this way of seeing our neighbor as "other" rather than neighbor, widens the gap that the Gospel insists on narrowing. Jesus calls us to be neighbor to one another, but he also specifically names those who might normally be considered the outsider. After all, as he notes, if we only love those who love us, who are our friends, what merit is there in that? (Matthew5:46) As we begin to see these years of discernment around affordable housing as a part of our community come to fruition, it is only natural that there will be some measure of anxiety. The current fellowship hall and kitchen will be demolished to make space for parking, and a different gathering space and kitchen within the building will replace them. We will no longer have an over abundance of parking spaces, but we will have enough. Instead of an expansive lot of asphalt, we will have rich green space, where children play and where families gather....safe at last in a place they can call home.

My invitation in these days is to purposefully avoid us and them/ours and theirs language as we prepare to welcome our new neighbors, not only to the housing, but to all facets of what happens in this building. Not everyone who uses this building counts themselves a "member" of Luther Memorial. Our ministry is not only to the "members" but our ministry is to all of our neighbors. This includes our new ministry partners from Harbor Church (see article elsewhere), the Nar-Anon group, the yoga students, the cub scouts and the girl scouts, the garden club. To paraphrase Paul, who wrote in Galatians "In Christ there is no Jew or Greek, slave or citizen, male or female. All are one in Christ Jesus", may we take to heart that there is no "us and them, no in or out, no member or non-member" but that we are one in the God who creates, sustains, and loves all. Pastor Julie+

### Welcome, Harbor Church!

Beginning on April 23, we will welcome Harbor Church as a partner in ministry in this place. Harbor Church is a Christian Reformed Congregation and has been worshiping in the North Seattle area for a

number of years. They were planted by Pastor John Westfall, who now serves in an associate role. Their lead pastor is Chris Fulkerson.

This congregation had been renting a church building that was sold a few months ago. As they were searching for a place to land, conversation began between the clergy staffs and the leadership of Harbor Church and Luther Memorial.

Until construction begins, Harbor Church will worship in the Fellowship Hall at 9am on Sunday morning. At the same time, Luther Memorial will have Christian Education activities taking place as well as choir rehearsals, etc. The building will be even busier and for this we give thanks!

We also look forward to many opportunities for service and fellowship together. -Our congregation (my bad! A quarter in the "their jar" for me)...Luther Memorial is grateful for the incredible Mardi Gras Cajun feast we enjoyed together on Fat Tuesday!

Welcome Harbor Church! May God bless you and keep you!

### **Housing Updates**

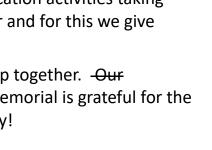
As we anticipate a November ground breaking, we are hard at work to prepare for that event. This preparation includes determining storage needs, the disposition of items from the fellowship hall/kitchen and to consider how the church building and facilities will function to meet the needs of our mission.

In addition, we anticipate that we will have an initial look at the blueprints for the housing within the next weeks, ahead of a Public Design Meeting on either May 1<sup>st</sup> or May 15<sup>th</sup>. The congregation will

have a first look at the blueprints prior to the Public Design Meeting. Please watch your email and bulletin announcements for that meeting, as we anticipate that it will come up quickly and have a quick turnaround in order to take place prior to the Public Design Meeting.

We will also be engaging in conversation with the congregation as a whole as we consider future facilities needs in order to carry out our mission effectively and faithfully.

Finally, if you have questions, if you hear of things that concern you, or if you just want an update....please ask Pastor Julie or a member of Council...we are glad for the conversation!







### FIRST SUNDAY FAITH FORUM: Building Use Dreams and Visions

Join Pastor Julie in First Sunday Faith Forum THIS Sunday, April 2<sup>nd</sup> and bring your dreams and visions for how OUR building will look and function once the Fellowship Hall is gone (to make room for parking.) There are a few updates about the Housing to share as well. 9:00am in the Fireside Room.

### **Wellness Ministry**

EVENING yoga classes have been added to the MSW Yoga schedule on Tuesday and Thursday evenings at 6:30pm. Come stretch and strengthen body, mind, and spirit! Blood Pressure Screenings will be offered in the Fireside Room on Sunday, April 16th.

### **COUNCIL SPOTLIGHT**

Each month we are spotlighting a member of the LMLC congregational council; this month that person is Dave TerHark, the current Council president.

Dave was born and raised in Coeur d'Alene, Idaho and is a graduate of Coeur d'Alene High School and the University of Idaho. He enjoys coaching baseball and soccer, hiking, backpacking, fishing, and surfing freighter waves on Puget Sound. Dave also plays bass in a band!

He works in Information Security for Customer Fulfillment for Amazon, which means he protects all of the ways we get our Amazon orders from being hacked by the bad guys.

Dave is married to Tara and they have two boys, Jackson and Jed. They came to Luther Memorial when they began to search for a place to raise Jed and Jackson with a Lutheran Christian influence. Luther Memorial happened to be the church in the neighborhood! Dave says: "There was an immediate connection and we kept coming back every



Sunday. Over the years we have become part of the family of faith and fellowship."

### **Office Administrator Sunday Hours**

In April, Katy will be working on Sunday, April 9th and Sunday, April 23rd. If you have administrative needs on other Sundays that she is in worship, please try to simply email or call the office on a weekday.

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#### **INTERN NEWS!**

It is with great joy and anticipation that we share the news that Luther Memorial has been assigned an intern from Trinity Lutheran Seminary in Columbus, Ohio. Laura Ferree will be joining us in late July or early August and will remain with us for TWO years, as this is a new model at Trinity Lutheran Seminary. (See more information from and about Vicar Laura below!)

We will be engaging in a stand alone funding plan to equip us to engage in this important facet of preparing candidates for ordination. The current estimates for the two year program in Seattle is \$60,000. We already

have commitments for approximately 40% of that amount. In late spring, you will hear more about opportunities for financially supporting the intern program at Luther Memorial.

#### Hello from Ohio!

My name is Laura Ferree and I will be serving Luther Memorial as intern for the next two years. I am very excited to embark on this new journey and finally get out of the Midwest! Currently, I am in my second year at Trinity Lutheran Seminary in the Master of Divinity program. I will finish my final two years as a part time student from a distance while serving as your intern.

I grew up in a small town called Sidney, OH where my parents still currently reside. My older brother, Ben, now lives in Columbus, OH with his wife Amanda. My younger sister, Jennifer, will be attending the University of Toledo this coming fall. Once I graduated from high school I ventured to Toledo, OH and attended the University of Toledo receiving my Bachelor of Social Work. Two months after graduating from UT I moved to Columbus, OH to start seminary. I know, I know, that is a lot of time in Ohio!

When I'm not in school you can find me riding my bike, kayaking, hiking, camping, binge watching the Bachelor, cheering on the Columbus Crew & Liverpool FC soccer teams or spending way too much time on Facebook.

I am excited to join you all this summer and I cannot wait to see what can happen in two years.

Looking Forward, Laura Ferree





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### Holy Week and Easter Schedule of Events:

Maundy Thursday, April 13: 6:00pm Agape Feast and Worship

Reservations are necessary for this amazing meal together and a \$10 donation is suggested.

## Good Friday, April 14, 7:00pm Worship at Chapel in the Highlands

We join with our neighbors from Broadview UCC and St. Dunstan's Episcopal Church for a moving service on this most holy evening. Carpoolers can gather at Luther Memorial for a 6:30 leave time.

Easter Sunday, April 16

9 am: Choir Rehearal

8:00-9:30am: Pancake Breakfast and

**Flowering of the Crosses** 

10:00am: Festival Worship!

Luther Memorial Easter Lily Donations 13047 Greenwood Avenue North, Seattle, Washington 98133 | 206.364.2510

Easter Lilies can be given in memory or honor of someone special to you. The donation is \$10; please make checks payable to LMLC with *Easter Lily* in the memo line, cash can be put in an envelope similarly marked, or donate online through our website: www.luthermemorialseattle.com/onlinegiving – please note it as a dedication where indicated on the site. Cash or Check donations may be placed in the offering plate, or mailed to the church office. Please include this dedication form with your donation.

All lilies will be placed in the Sanctuary for Easter morning. Dedications will be in the Easter Worship Service Bulletin, as well as the Messenger. l wish to donate \_\_\_ lilies at \$10 each

Your name:

\_\_ lilies at \$10 each

- In ा memory of □ honor of:
- In III memory of III honor of:
- In III memory of III honor of:

Please circle type of donation:: cash check online





### Support LMLC by shopping on Amazon!

#### What is the AmazonSmile Foundation?

The AmazonSmile Foundation is a 501(c)(3) private foundation created by Amazon to administer the AmazonSmile program. All donation amounts generated by the AmazonSmile program are remitted to the AmazonSmile Foundation. In turn, the AmazonSmile Foundation donates those amounts to the charitable organizations selected by our customers. Amazon pays all expenses of the AmazonSmile Foundation; they are not deducted from the donation amounts generated by purchases on AmazonSmile.



#### How does AmazonSmile work?

When first visiting AmazonSmile, customers are prompted to select a charitable organization from almost one million eligible organizations. In order to browse or shop at AmazonSmile, customers must first select a charitable organization. For eligible purchases at AmazonSmile, the AmazonSmile Foundation will donate 0.5% of the purchase price to the customer's selected charitable organization.

#### How does my organization receive the donations?

Each quarter, the AmazonSmile Foundation makes donations to eligible charitable organizations by electronic funds transfer. Donations will be transferred approximately 45 days after the end of each calendar quarter. To account for Product returns, a portion of the quarterly donations will be withheld until the next donation cycle, subject to any reduction due to returns from prior quarters.

### To sign up, or shop go to: http://smile.amazon.com/ch/91-0679122

## **ELCA** Prayer Ventures



**Evangelical Lutheran Church in America** God's work. Our hands.

### April 2017

1 Thank God for the gifts of laughter, humor, comedy and wit that give us joy and sometimes catch us by surprise by revealing the struggles and pains of humankind from new angles.

**2** Pray for all who grieve the death of a loved one, friend or neighbor that they find caring support among friends, family, communities and congregations and know the healing and hope we have in Jesus Christ.

**3** We remember in our prayers the diverse gifts, life stories and challenges of our Arab-American brothers and sisters, especially during Arab-American Heritage Month, and ask God's blessings for the members and leaders of ELCA Arab and Middle Eastern congregations and ministries.

4 Pray God will equip, sustain and inspire people—of all ages—who serve as volunteers, participate in service learning experiences, travel on mission trips and commit to long-term volunteer service programs across the U.S. and globally.

**5** We pray God hears our cries for forgiveness, mercy and loving attention both for our personal lives and circumstances and those of our neighbor.

**6** Give thanks for artists who reveal through their art and creativity the mysteries of salvation, faith and the wonder of God's creation.

7 Pray for the 15 ELCA missionaries serving in Slovakia, especially for their work and partnerships in parish ministry and teaching.

**8** Pray for the ELCA Justice for Women program and its work addressing sexism through our Lutheran theology, connecting our theology with specific issues in the world, encouraging men and women to work together, and encouraging congregations in their work of serving women and girls.

**9** *Palm Sunday* We pray that through Jesus' suffering and death we glimpse and welcome the boundless depth of God's sacrifice and love for all people and creation.

These petitions are offered as guides to prayer for the global, social and outreach ministries of the church.

**10** Pray for strength and faith to accept the challenges and complexities of following Jesus and giving witness to God's presence and activity in the world today.

**11** Pray for the courage to follow the example and spirit of Jesus as hope-filled, humble servants called to serve our neighbor and undeterred by personal sacrifice, self-interest or fear.

**12** Give thanks for the work of ELCA Disability Ministries, congregations, agencies, schools and outdoor ministries serving children and adults of all abilities and with special needs.

**13** *Maundy Thursday* When we gather as people of God around the meal of God's word, bread and wine, pray for a renewed sense of unity in Christ, nourishment for the work of loving one another and blessings for being sent into the world as disciples of Jesus Christ.

**14** *Good Friday* We thank God that we are not abandoned to waste away in helplessness and misery but that our despair turns to hope and joy in the triumph of Jesus over sin and death on the cross.

**15** Pray to be ever-awake, alert and receptive to God's word, the guidance of the Holy Spirit and reminders of our baptismal calling to be disciples and followers of Jesus Christ in a world hungry for true hope and healing.

**16** *Easter Sunday* Alleluia, Christ is risen! Praise God with a joyful heart, knowing God's word is true and frees us from sin, death and darkness that we may live each day as servants bearing good news for all.

17 Mary Magdalene, though caught in a swirl of emotions and questions, told others of what she saw and heard at Jesus' empty tomb. Pray the Spirit will move us beyond our doubts, embarrassments and reluctance and fill us with a desire and boldness to share our faith with friends and strangers alike.

#### April 2017

### **ELCA** Prayer Ventures

18 Ask God to help our faith communities be safe, welcoming, grace-filled places for honest, lively conversations, especially when we find ourselves divided by politics, opinions, circumstances and the complexities of life.

**19** Pray for the special work and ministry of intentional interim ministers and interim executive directors who help support and guide congregations and outdoor ministries through times of transition.

**20** For wherever there is war and conflict in the world, pray for peace and healing; where people live under oppression and persecution, pray for justice and protection; for people, nations and situations forgotten or ignored, pray we remember and are moved to thoughtful, caring involvement.

**21** We remember in our prayers the Lutheran churches in Costa Rica and Honduras, small churches with a bright witness and strong commitment to serve the most marginalized and impoverished people in their countries.

**22** *Earth Day* The earth is a gift and treasure—the handiwork of our Creator—sustaining all life. Ask God for the will and wisdom to care for the earth and all its resources and give us courage to make difficult decisions that may involve sacrifice, changing attitudes and behaviors, and thinking beyond our immediate desires and needs for the sake of the world.

**23** When we wrestle with doubt, even disbelief, we turn to God asking for forgiveness, reassurance of the Spirit's presence and activity within us, and the reviving of our faith.

**24** We remember in our prayers the five young adults and their coordinator, the Rev. Kristin Engstrom, serving in the Young Adults in Global Mission program in Senegal, and ELCA missionaries the Rev. Chad and Natalie Rimmer working with leadership development.

**25** *World Malaria Day* Give thanks for the lasting impact of the ELCA Malaria Campaign and work with Lutheran companions and partners in Africa over the past five years to prevent and treat malaria, and pray our commitment and support to fight malaria continues through the health-related work of ELCA World Hunger.

**26** Trusting in the mercy, new birth and living hope we have in the resurrection of Jesus Christ, we give praise and thanks to God for our salvation and faith.

**27** We remember in our prayers the eight young adults and coordinators, Matthew Bishop and Jen Engquist, serving in the Young Adults in Global Mission program in Cambodia.

**28** Give thanks to God on Arbor Day for the beauty, lifegiving qualities, resources and habitats provided by trees, woodlands and wilderness forests, and pray for wisdom and renewed commitment to steward and protect these gifts entrusted to our care.

**29** We remember in our prayers the Northwest Synod of Wisconsin, South-Central Synod of Wisconsin and Alaska synod assemblies, that the Spirit will strengthen, guide and excite their leaders and members for God's work and witness in the world.

**30** We remember in our prayers the Northeastern Minnesota and Northern Texas-Northern Louisiana synod assemblies, that the Spirit will strengthen, guide and excite their leaders and members for God's work and witness in the world.

This resource may be copied and shared among members and friends of the congregations of the Evangelical Lutheran Church in America. Contact **info@elca.org** for additional information. Evangelical Lutheran Church in America, 8765 West Higgins Road, Chicago, IL 60631. Telephone: 800-638-3522, ext. 2458.

## Synod News

The Spirit

Volume 34, Number 4 April 2017

### Called to Speak Up by the Rev. Kirby Unti, Bishop



These are difficult days when it comes to knowing how to navigate the world of politics as a Christian. I had the privilege of meeting with Governor Jay Inslee a few weeks back and he said in his three decades as a public servant he has never seen greater interest or concern than what we are now experiencing. People of every stripe are asking the question, "What can we do?"

The challenge is made more difficult because many of us were raised not to speak in public about religion or politics. Obviously we didn't get the clue from Jesus on this as he was quite outspoken on both.

Adding to the challenge in the United States is the confusion we have around the separation of church and state. The bottom line is the church is prohibited from completing the following sentence, "Vote for Candidate \_\_\_\_\_. We do not compromise our non profit status by speaking out on issues.

The Lutheran Church has a long history of speaking out on public issues. We certainly are following Luther's practice. Luther was very outspoken about public education and providing a community chest for the poor. He saw this as both the responsibility of the church and of the state.

It is okay to be political while striving not to be partisan. When it comes to party politics there is plenty of blame to go around on both sides of the aisle.

This is why it is important to me to hold the Office of President in high regard just as we hope people would respect the office of pastor, teacher or bishop. The office is to be respected even when you disagree with the politics.

When Lutherans speak out in the public square we do so from the point of our deepest held values. This is why, when the travel ban was first placed in front of us by executive order, many Lutherans spoke out regardless of which political party they supported. Lutherans know our own story of immigration and we have been key players in resettling people from around the world. We have been formed by countless stories in scripture that remind us of what it means to "welcome the stranger."

Today I learned from Lutheran Social Services to be aware of the impact that a reduction of Medicaid might have on our parents who are receiving care in a nursing home. 75% of our elders need Medicaid to access this care. Yes, I will speak out if I see this happening. Caring for our elders is embedded deep in my bones because of my Christian formation.

In our Social Statement on Church & Society we are reminded our our responsibility to

speak out on timely, urgent issues on which the voice of this church should be heard;

expect its pastors, bishops, and lay church leaders to pray for and to exhort those in positions of authority on the basis of God's prophetic Word;

work with and on behalf of the poor, the powerless, and those who suffer, using its power and influence with political and economic decision-making bodies to develop and advocate policies that seek to advance justice, peace, and the care of creation;

mediate to achieve just and peaceful solutions to social conflicts;

participate in local, national, and international ecumenical organizations, and interfaith and ecumenical partnerships in the service of common goals.

Friends, these are challenging times but my spirits are lifted knowing the gospel has something extremely relevant to say. Let's listen and act. Read more on the flip side of this edition of The Spirit for ways you (and your congregation) can pray, advocate, accompany, welcome, and give. (www.lutheransnw.org/publications)

## Synod News

### The Flip Side

### AMMPARO - Migrant Children

"Dios es nuestro amparo y fortalez," ("God is our refuge and strength") – Psalm 46:1

The word "amparo" in Spanish means the protection of a living creature from suffering or damage. The ELCA's strategy to Accompanying Migrant Minors with Protection, Advocacy, Representation and Opportunities (AMMPARO) was envisioned after witnessing the plight of children who are forced to flee their communities because of complex and interrelated reasons, including chronic violence, poverty, environmental displacement and lack of opportunities in El Salvador, Honduras and Guatemala. Due to our connection to companion churches in the region, including companion synod relationships, and existing ministries in the U.S., the ELCA is well-positioned to help ensure that these vulnerable children are protected.

In a holistic, whole church response that connects international and US outcomes, the ELCA has developed this strategy based on the following commitments:

- Uphold and guarantee basic human rights and safety of migrant children and their families;
- Address the root causes of migration in countries from Central America's Northern Triangle and Mexico and the treatment of migrants in transit;
- Work toward just and humane policies affecting migrants in and outside the U.S.; and
- Engage as a church body with all of its companions, affiliates and partners to respond to the migration situation and its causes and to advocate for migrant children and their families.

As brothers and sisters in Christ, the ELCA is called to bear witness to the conditions affecting so many communities and to work to find solutions that will acknowledge the humanity in all of God's children. Join us in making a difference in the lives of vulnerable children and families.

### Get involved

Pray for the safety of migrant children and families on the journey and for justice as they reach their destinations.

Become a Welcoming Congregation to accompany these children and families through their transition to life in the U.S. Link to resource. <u>www.elca.org/</u> Resources/AMMPARO

Advocate for justice for migrant children and families. www.elca.org/Advocacy

Accompany migrant children and families through the Guardian Angel Program as the physical presence of the church in the courtroom. https:// Vimeo.com/157458987

Give to AMMPARO to provide opportunities for children and families in Central America and in the U.S. <u>https://community.elca.org/donations/</u> ammparo-donate

#### Stay in touch and in the know!

View the Synod Website Calendar: www.lutheransnw.org/calendar

Signup to receive the Weekly Update & the Prayer Weekly emails: <u>www.lutheransnw.org/subscribe</u> *The Spirit,* a publication of the Northwest Washington Synod of the Evangelical Lutheran Church in America (ELCA), is intended for synod congregations & organizations. Info for the May issue is due to the Synod Office by April 6.

Northwest Washington Synod, ELCA 5519 Phinney Ave North Seattle, WA 98103 Phone: 206-783-9292; Fax: 206-783-9833 Toll Free: 844-597-0452 Email: <u>office@lutheransnw.org</u> Website: www.lutheransnw.o<u>rg</u>

## **Creation Care Ministry**

### **Care of Creation Sunday**

On Sunday, April 23<sup>rd</sup>, Luther Memorial will observe a Care of Creation Sunday. The congregation is invited to consider ways they can have a more gentle impact on Creation on that day and every day! Some suggestions:

Carpool to worship! Riding together is more fun!

Bring your own mug or travel cup for coffee!

Plant a tree in honor of someone you love!



An excerpt from 50 Simple Things You Can Do to Save the Earth by The Earth Works Group

#### 48. Xeriscape

#### Native plants need only about half as much water as imported varieties.

**BACKGROUND.** Xeriscape (from the Greek word *Xeros*, meaning *dry*) is a modern approach to landscaping which has become popular due to water shortages. Some years ago, experts realized that much of the water used in residential planting went to plants that were not suited for the regions in which they were being grown. Tests done with equally attractive native varieties showed that it was possible to save as much as 54% of the water, keep plants healthier, and improve soil conditions. Xeriscape is not only practical, it's eminently satisfying—because you'll wind up with an aesthetically pleasing yard that's also ecologically sound.

#### **DID YOU KNOW**

- Drought resistance plants aren't just limited to cacti and succulents. They include hundreds of species of colorful flowers, flowering shrubs, vines and ground covers that provide beautiful alternatives to traditional landscapes. For instance, jasmine, bougainvillea, wisteria, sweet alyssum and daffodil are all low-water use plants.
- There are many low-maintenance grasses, too. In Texas, for instance, where water can be scarce, the standard Bluegrass need to be watered every four days. Buffalograss, better adapted to the climate, requires water only every 2-3 weeks.

#### SIMPLE THINGS TO DO

- We're not suggesting you go out, rip up your front lawn, and instantly replace it with cactus. We are suggesting you take a new look at landscaping your home. Some of the principles of Xeriscape—drip irrigation, heavy mulching of planting beds, organic soil improvements to allow for better water absorption and retention—are applicable to any garden design.
- Contact a local horticulture society or nursery to learn more.

SOURCES: The Texas Water Development Board, Austin, TX.

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#### April 2017

## Faith and Everyday Life - LCN





#### Faith and Everyday Life

March 2017

### Too Uncomfortable

The mirror

How much "should" the other one be able to stand? It *is* possible to brow-beat someone else into the ground, you know. Disagreements are inevitable in relationships. How we handle them is a choice. We can be "too" much or "too" little in how we deal with discord. There is a balance between these two choices.

Sometimes our pursuit of the other during a conflict is driven by our own anxiety. We believe that we have to get something settled *now*. Sometimes it takes the form of "You can't leave!" The terror of a possible permanent rift is so compelling we go into survival mode and demand to finish the argument.

As hard as it is, when someone cries "uncle", it's best to quit pushing. Pursuit beyond that point may only push the relationship into disaster. And sometimes leading to domestic violence where pushing and shoving at the door leads to injury or worse. At this point, tempers may be too close to boiling and self control for both may be already gone.

Research into these kinds of situations tells us that both people need time to de-stress. Our physiology is so wound up that we *can't* really think clearly. Being able to soothe ourselves and distract our minds for long enough to allow thinking to resume and *then reengaging* the topic is really the only way through this scenario.

God nowhere promises to make these situations come out well every time. God does promise that comfort is available for the terrified and reminds us that love and connection is what God wants. If you are upset to the point of demanding that the argument must be settled *now*, risk that God's presence and desire for healing are always present... and then breathe... and try again later.

Lutheran Counseling Network

## **Financial Picture**

Monthly financial reports are now found in The Messenger. Your Council, Treasurer, Stewardship Team, and Pastor hope that these will give you a good idea of how our finances are faring. Talking about money, budgets, and giving is a part of Stewardship. We hope that having this information in

|   | Marc  | h 2017                         |                     |
|---|---|--------------------------------|---------------------|
| P   | Preliminary Financia<br>Data is not finalized and |                                |                     |
| <b>LMLC 2017 Fu</b>                             | ll Year Expenses: \$222, 053                      | Contributions Needed pe        | er week : \$4,270.2 |
|   | March Contrib                                     | utions Received:               |                     |
| March 5   | \$3,473.69  | March 19                       | \$2,978.17          |
| March 12  | \$6,507.36  | March 26                       | \$3,573.69          |
|   |   |                                |                     |
|   | March Budget Fund Co                              | ontribution Designations       |                     |
| <u>Fund</u>                                     |   |                                | <u>Amount</u>       |
|   | ferings and Tithes                                |                                | \$7,305.04          |
|   | ings and Tithes                                   |                                | \$4,460.00          |
| Gifts other that                                | an Offerings                                      |                                | \$3,338.67          |
| Room Use (Roo                                   | om Use, Damage Deposits, and Fa                   | cilities Offset Fees)          | \$890.00            |
|   | General F   | und Total Contributions:       | \$15,993.71         |
| Need  | ed as of 3/30 (4 weeks): \$                       | 17,081.00 Difference: -        | \$1,087.29          |
|   | March Off-Budget Fund                             | <b>Contribution Designatio</b> | <u>ns</u>           |
| <u>Fund</u>                                     |   |                                | Amount              |
| World Hunger                                    |   |                                | \$40.00             |
| Vacation Bible                                  | School  |                                | \$162.00            |
| Sunday Schoo                                    | I—Special Projects                                |                                | \$7.00              |
| Helping Hands                                   |   |                                | \$20.00             |
|   | aith ELCA Program                                 |                                | \$116.00            |
| N. T. L. M. | r Offering - HopeLink                             |                                | \$38.00             |
| 65th Annivers                                   |   |                                | \$706.00            |
| Easter Lilies                                   |   |                                | \$20.00             |
|   | Designated E                                      | und Total Contributions:       | \$1,109.00          |

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## April Worship

### **Lectionary Readings**

| April 2      | April 9       | April 16            | April 23         | April 30            |
|--------------|---------------|---------------------|------------------|---------------------|
| Lent 5       | Palm Sunday   | Easter Sunday       | Easter 2         | Easter 3            |
| Ezek 37:1-14 | Isa 50:4-9a   | Acts 10:34-43       | Acts 2:14a,22-32 | Acts 2:14a,36-41    |
| Psalm 130    | Psalm 31:9-16 | Psalm 118:1-2,14-24 | Psalm 16         | Psalm 116:1-4,12-19 |
| Rom 8:6-11   | Phil 2:5-11   | Col 3:1-4           | 1 Peter 1:3-9    | 1 Peter 1:17-23     |
| John 11:1-45 | Matt 21:1-11  | Matt 28:1-10        | John 20:19-31    | Luke 24:13-35       |

### **Worship Leaders**

Worship servers are scheduled on the 15th of the preceding month by Pastor Julie. If you have dates when you do NOT wish to be scheduled, please let her or the office know before the 15th. If there is a scheduling conflict, please find a substitute from among the additional names on the schedule.

|                        | 4/2                         | 4/9                        | 4/16                           | 4/23                       | 4/30                           |
|------------------------|-----------------------------|----------------------------|--------------------------------|----------------------------|--------------------------------|
| Assisting Minister     | Gordon Trombley             | Katy Sarff                 | Gordon Trombley                | Katy Sarff                 | Kyle Gough                     |
| Lector                 | Julie Moe                   | Kyle Gough                 | Steph Bloom                    | Elaine Hardin              | Diane MacKechnie               |
| Acolyte                | Jed Ter Hark                | Payton Johnson             | Payton & Zachary<br>Johnson    | Josh Lingappaiah           | Zachary Johnson                |
| Crucifer               | n/a                         | Kyle Gough                 | Gordon Trombley                | n/a                        | n/a                            |
| Communion & Altar      |                             |                            | Altar Guild                    |                            |                                |
| Greeters<br>and Ushers | Donna Smith<br>Laurie Meade | Heidi Gough<br>Gavin Gough | Lynne Greenup<br>Diane Chapman | Laurie Meade<br>Bill Meade | Gordon Trombley<br>Donna Smith |
| Song Leader            | Julie Moe                   | Heidi Gough                | Katy Sarff                     | Kris Johansson             | n/a                            |
| Children's Time        | Kyle Gough                  | Pastor Julie               | Pastor Julie                   | Heidi Gough                | Pastor Julie                   |
| Closer                 | Donna Smith                 | Katy Sarff                 | Steph Bloom                    | Gordon Trombley            | Donna Smith                    |
| Musician               |                             | Lennor                     | n Aldort                       |                            | Kirsten Lysen                  |

# Happy April Birthdays!

- Heidi Gough
- 8 Kelsey Larson
- 9 Stacie Jamieson Taliyah McElroy

- 13 Bob Johnson
- 16 Mason Culmer
- $\mathbb{B}$  Bruce Long

- 24 Lorraine Molzahn
- 29 Pat Yeager
- 30 Paul Allen

| April 2017   See our   | See our live calendar online for any  |  | or updates: www   | . Iuthermemorials  | changes or updates: www.luthermemorialseattle.com/calendar   | dar   |
|--|---|--|---|--|--|---|
| Sunday   | Monday  | Tuesday  | Wednesday   | Thursday   | Friday   | Saturday  |
| <b>2</b><br>9 First Sunday Faith Forum<br>9 Sunday Church School<br>10 Worship<br>11:15 Fellowship   | 3<br>10 Yoga<br>6:30 Girl Scouts<br>Pastor Julie's Sabbath                        | 4<br>9:30 Yoga<br>6:30 Yoga<br>7 Early Ford V8 Club<br>7 Cub Scouts Leaders<br>Meeting | 5<br>9:30 Seekers<br>10 Yoga<br>2 Chair Yoga<br>6 Lent Supper & Worship<br>6 Nar-Anon Book Club<br>7 Nar-Anon | 6<br>9:30 Yoga<br><b>1 Step-Study Group</b><br>6:30 Yoga   | <b>7</b><br>10 Yoga  | <b>1</b><br><b>8</b> 7:30 FARA<br>7:30 9:30 Yoga<br>FARA<br>9:30 Yoga |
| 9 Passion/Palm Sunday<br>8-10 Office Admin Sunday Hours<br>9 Choir Rehearsal<br>9 Sunday Church School - Egg Hunt!<br>10 Worship<br>11:15 Fellowship<br>11:15-12:15 Office Admin Sunday Hours      | 10<br>10 Yoga<br>1:30 Book Brigade<br>Pastor Julie's Sabbath                      | 11<br>9:30 Yoga<br>6:30 Yoga<br>6 SPM Rehearsal  | 12<br>9:30 Seekers<br>10 Yoga<br>2 Chair Yoga<br>6 Nar-Anon Book Club<br>6:30 Cub Scouts<br>7 Nar-Anon        | 13<br>Maundy Thursday<br>9:30 Yoga<br>1 Step-Study Group<br>6 Agape Feast<br>6:30 Yoga<br>7 Broadview Garden<br>Club | 14<br>Good Friday<br>10 Yoga<br>7 Good Friday Service<br>@ The Chapel at the<br>Highlands                                | <b>15</b><br>7:30 FARA<br>9:30 Yoga                                   |
| <ul> <li>16 Easter Sunday</li> <li>8-9:45 Easter Sunday Pancake Breakfast!</li> <li>9 Choir Rehearsal and Flowering of the Crosses</li> <li>10 Easter Worship</li> <li>11:15 Fellowship</li> </ul> | 17<br>10 Yoga<br>6:30 Girl Scouts<br>LMLC Office Closed<br>Pastor Julie's Sabbath | 18<br>9:30 Yoga<br>5:30 Facilities<br>Committee<br>6 LMLC Council<br>6:30 Yoga         | 19<br>9:30 Seekers<br>10 Yoga<br>2 Chair Yoga<br>6 Nar-Anon Book Club<br>7 Nar-Anon                           | 20<br>9:30 Yoga<br>1 Step-Study Group<br>6:30 Yoga   | 21<br>10 Yoga<br>7 AA Meeting  | <b>22</b><br>7:30 FARA<br>9:30 Yoga                                   |
| <b>23</b><br>8-10 Office Admin Sunday Hours<br>9 Harbor Church<br>9 Sunday Church School<br>9 Choir Rehearsal<br>10 Worship<br>11:15 Fellowship<br>11:15- <b>12:15</b> Office Admin Sunday Hours   | <b>24</b><br>10 Yoga<br><i>Pastor Julie's Sabbath</i>                             | 25<br>9:30 Yoga<br>6 Cub Scouts - Pack 321<br>6:30 Yoga                                | 26<br>9:30 Seekers<br>10 Yoga<br>2 Chair Yoga<br>6 Nar-Anon Book Club<br>7 Nar-Anon                           | 27<br>9:30 Yoga<br>1 Step-Study Group<br>6:30 Yoga   | 28<br>10 Yoga<br>7 AA Meeting  | <b>29</b><br>7:30 FARA<br>9:30 Yoga                                   |
| <b>30</b><br>9 Harbor Church<br>9 Sunday Church School<br>10 Worship<br>11:15 Fellowship   |   | LUTHER MEMORIAL<br>Iutheran church   | R MEMORIAL<br>Atheran church  |  | Missing a Sunday this month?<br>LMLC has Online Giving on our website:<br>www.luthermemorialseattle.com/<br>onlinegiving | ay this month?<br>ing on our website:<br>rrialseattle.com/            |

Actively Sharing Christ's Love in Community

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